

The Only Nitric Oxide Solution A Bodybuilder Will Ever Need... You've Never Seen Anything Like This Terrific Trio!

Nitric Oxide (NO) is pretty darn awesome for the bodybuilder. NO is a gas, formed from nitrogen and oxygen. It serves as a signaling molecule that causes dilation of blood vessels, which increases blood flow. More blood flowing means more nutrients going to your muscles. And that helps them become even larger when you train. This is very exciting stuff for the bodybuilding community - some are even calling it the largest breakthrough in bodybuilding supplementation history.

The reason NO is getting so much attention is it gives you “instant gratification”; you may start seeing better pumps from the very first use. This can be exciting – but may be short-lived. See, Nitric Oxide alone will give you these effects but it probably doesn't cause the lasting or permanent changes in lean muscle growth you want.

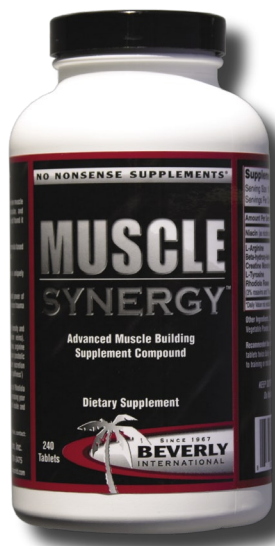
Don't Settle For Just A Great Pump When You Can Get So Much More!

While it's easy to get excited about the benefits promised by the latest NO supplement trend. Don't be lead to believe that Nitric Oxide alone will produce the lasting results that you want. We encourage you to be wise about what you choose to try. The sad truth is, misinformation and exaggerated claims have (and will continue) to surface in much of the advertising aimed at selling you Nitric Oxide products. We're not going to sling mud at anyone...but we are going to mention that you can experience all the NO benefits in a product that was proving itself LONG BEFORE Nitric Oxide became the latest “buzzword” in the wonder supplement category.

Long before the pages of every bodybuilding magazine were filling up with Nitric Oxide ads, Beverly bodybuilders were already benefiting from our own NO solution, which is, of course, **Muscle Synergy**.

We introduced **Muscle Synergy** in 2002 and named it because of the synergy that took place from its blend of anabolic and anticatabolic compounds, including the production of nitric oxide. Each ingredient was powerful enough on its own in the recommended dosage, but together their combined effect was greater than the sum of their individual effects. In fact, **Muscle Synergy** was the “ideal” NO formulation...a carefully constructed, research-based solution - supported by real science.

The key to the formula's synergy rests in the combination of l-arginine, creatine and HMB. L-arginine, allows your body to make nitric oxide, but it also transports assisting protein substances into the machinery of structural proteins. Long before its NO effects were reported, l-arginine, was known to have positive effects on nitrogen retention - meaning l-arginine puts your body into a positive muscle building environment. Creatine increases cellular volume also, which in turn, may increase protein synthesis. Like creatine, HMB is a compound that has been shown to increase strength and lean body mass but through a different mechanism. It helps protect your muscles by slowing the rate of protein breakdown, allowing you to avoid the frustrating "gain then lose" syndrome.



The combination of creatine and HMB was believed to cause a synergistic effect for the bodybuilder and strength athlete. Subsequent research proved that combining creatine and HMB improved strength 33% above what would occur when either was taken alone, and that when HMB was combined with l-arginine in the proper dosage (7000mg l-arginine to 3000mg hmb) not only was protein breakdown put in check, but protein synthesis also increased - resulting in additional muscle being produced.

Muscle Synergy Users Have Verified This Research - In The Real World

A gain of 4-8 lbs of muscle is the average gain reported by **Muscle Synergy** users during the first four weeks of use. **Muscle Synergy** was formulated to flood your muscles with Nitric Oxide. It not only contains l-arginine for the NO conversion process to occur, it has l-citrulline to extend the process, and nicotinic acid NA, (well known for its global vasodilatory response), to bring about rapid increases in the diameter of your blood vessels (i.e., vasodilation).

Together they FURTHER promote blood flow and overall vascularity. This makes getting and keeping a pump easier – and as an ATP catalyst, nicotinic acid enhances muscular energy. The latest addition of Citrulline (l-citrulline) to the **Muscle Synergy** formula allows for increased and sustained nitric oxide production, and that ever coveted extended pump!

It’s because the l-arginine, l-citrulline, nicotinic acid, creatine, and HMB all work together synergistically that makes **Muscle Synergy** an amazing product. It boosts protein synthesis, gives a positive nitrogen balance, increases muscle volumization, and can reduce muscle breakdown as well as increase rapid and sustained nitric oxide production. The end-result is not only a gain in size and strength, the gains can occur much faster than normal!

Here is a recent experience Ray Binkowski of FitWorkz.com reported about a client of his who started using Muscle Synergy (January 30, 2006) “I had a male (193 lbs) client do dumbbell bench presses with 110lbs. No big deal right? Well in this case it is a big deal. The client had rotator cuff surgery last fall. For the better part of the last 5 months his upper body training was non existent. After rehab and getting back to 100% he ran the dumbbell rack up to the 110s where he did 4 sets of 6 effortlessly and called it a day. He has been taking Muscle Synergy since November, 8 in the morning and 8 in the evening on as empty a stomach as possible.

It gets better...He gained 8 lbs of lean mass during the last few months...WITHOUT training upper body! Lean mass confirmed by the 41 point total on his 9 site skin fold reading earlier this week...that means he is 5.7% body fat right now. So with only training lower body he maintained strength, lowered his body fat, and gained lean mass. It is fair to point out the client is not a bodybuilder. He is not new to training as he earns a living playing in the NFL, the injury happened in a game. Though he was not training upper body he was training lower body and doing cardio. He also has a work ethic that few can match...but given all that, big things happened when Muscle Synergy was started. - **Raymond M. Binkowski - FitWorkz.com**

What’s the Bottom Line?

From the first formula released in 2002 to the NEWEST 2006 version, **Muscle Synergy**... isn’t just a catchy name! It’s a description of what the product REALLY does for your muscles. The l-citrulline and l-arginine work together to give you the strongest NO effect. Nicotinic acid further enhances your pump. L-arginine and HMB work together to preserve your muscle even under the most severe conditions of training...AND the creatine in combination with HMB delivers a much greater effect together than they could individually, (i.e. taken as single supplements!).

While Beverly’s **Muscle Synergy** was the first NO supplement to combine the correct ingredients to produce a synergistic effect, other companies are already in the process of “copycatting”

Look What’s Inside Muscle Synergy

Supplement Facts:

Container Size: 240 tablets
Serving Size: 16 tablets
 (8 tablets twice daily)
Servings Per Container: 15

Synergistic Muscle Compound:

Niacin (as nicotinic acid)	200mg
L-Arginine	7000mg
Beta-hydroxy-beta-methylbutarate (HMB)	3000mg
Creatine Monohydrate	3000mg
L-Citrulline	1600mg
L-Glycine	1200mg
L-Ornithine	800mg

Muscle Synergy is a powerful next-generation formula based on science and proven in real-world application. ** Each serving of Muscle Synergy gives you a uniquely powerful “lift” in three ways:

1. Free form L-Arginine, L-Citrulline, and L-Ornithine dramatically boost nitric oxide levels. Benefits of increased nitric oxide include:

- Increased pump and vascularity
- Increased muscle growth and strength
- Speeds recovery from intense exercise
- Increased stamina

2. Creatine and HMB in researched based ratios and amounts promote increased lean muscle mass and strength and suppress muscle breakdown after training (anticatabolic).

3. Free form glycine and ornithine, as well as l-arginine and nicotinic acid (niacin) have been shown to have positive effects on natural growth hormone release. (References available on request)

**These statements have not been evaluated by the Food & Drug Administration.

Here's How to Use Muscle Synergy for Best Results

The standard dose is 8 Muscle Synergy tablets first thing in the morning, and 8 more tablets mid afternoon or early evening. For maximum effect take Muscle Synergy on as near an empty stomach as possible (2-3 hours after your previous meal).

Here's an effective method to take Muscle Synergy based upon your bodyweight:

• Weight less than 140 (12 daily)

4 Muscle Synergy upon arising in the morning.
4 Muscle Synergy mid afternoon (or before training on workout days).
4 Muscle Synergy after training on workout days (or early evening non training days).

• Weight 170 or less: (16 daily)

4 Muscle Synergy upon arising in the morning.
8 Muscle Synergy mid afternoon (or before training on workout days).
4 Muscle Synergy after training on workout days (or early evening non training days).

• Weight over 185: (24 daily)

8 Muscle Synergy upon arising in the morning.
8 Muscle Synergy mid afternoon (or before training on workout days).
8 Muscle Synergy after training on workout days (or early evening non training days).

Another effective method is to combine Muscle Synergy with Creatine Select.

• **Week 1:** Creatine Select plus Phosphates – 4 servings per day + 4 Tablets Muscle Synergy twice daily on an empty stomach.

• **Weeks 2 and 3:** Creatine Select plus Phosphates – 2 servings per day + 8 tablets Muscle Synergy twice daily on an empty stomach.

• **Weeks 4-6:** One serving daily Creatine Select plus Phosphates + 4-8 tablets Muscle Synergy three times daily depending on your body-weight (see above).

For extremely hard gainers and those who have hit a gaining plateau:

You may increase your daily Muscle Synergy intake up to a maximum of 32 tablets per day.

them in an attempt to claim they have something “new”. So in the spirit of “buyers beware” remember this... **Muscle Synergy** was revolutionary in 2002 and was one of the first NO products ever conceived. We spared no expense in creating our formulation, **and we back that up with an iron-clad guarantee!**

It's Your Choice...Buy the Hype or Buy the Help

Frankly, we at Beverly are interested in producing products and solutions for building real muscle and strength - - not just providing people with a temporary pump! In **Muscle Synergy** you have the be all and end all ‘NO’ supplement that really works in every aspect of muscle building.

It was, from its onset and STILL is, the only product of its kind that addresses the needs of both muscle building and muscle maintenance. We are confident that **Muscle Synergy** is the best product of its kind on the market. We also make this commitment to you: as new reliable research becomes available, you can count on us to be right on top of it, to make sure and provide a product that delivers above and beyond what you can find anywhere else.

In fact, compare it to any NO product you may have been using...and don't just look at the labels... try it yourself! That's the only way you're going to be convinced! If you aren't absolutely BLOWN AWAY by the results we will not only refund every cent – we'll send you a gift certificate for \$10 off any container of our world-class UMP protein (Jeff Everson, famous strength coach and current Publisher of Planet Muscle has publicly called it the world's best protein!).

Muscle Synergy is by far one of the best supplements, if not the best on the market. It works and is an instant gratification product. Not only will your strength go up, your lean mass increase, and your fat decrease...it is certain you will feel a nice pump and see increased vascularity when you lift - that's what most of us call instant gratification.

We know that you want real muscle tissue growth and you want harder, longer lasting pumps, increased strength, and endurance. We also know that after you've increased your muscle tissue, you need to maintain it! Since 2002 **Muscle Synergy** has been giving 'hard gainers' and 'easy gainers' alike fantastic results. It uniquely supports gaining and keeping muscle from multiple angles. No other product on the market addresses those two distinct processes.

With **Muscle Synergy** you'll experience all of that. Not only does **Muscle Synergy** have a four year proven track-record, but we back it up with a FULL MONEY-BACK guarantee. So while NO is all about gas, there's no hot air here! Get your hands on **Muscle Synergy** and take your turn at accumulating new muscle mass and strength faster than ever before!

If you're sick and tired of settling for mediocre gains, call us today at 1-800-781-3475 and say "Give me the power to gain...the power of Muscle Synergy.