

It Single-Handedly Packs On Lean Mass Increases Your Strength, Prevents Muscle Loss (And Accelerates Fat Loss) Even Under The Most Difficult Circumstances

Imagine you've just started your rigid pre-contest training. You've given yourself plenty of lead-time, changed your diet, modified your workout, made sacrifices and created a plan. You're doing everything you can to ensure you're tip-top by competition time. Even if you never intend to compete and just want to be in truly excellent shape, you still have a plan. Either way...there's a lot of hard work ahead, (like chasing-off last bits of stubborn body fat) but you're committed...in the end it will all be worth it - right?

Mark Ritter



You follow your plan... it's working. You see your body fat dropping...lower and lower. You increase the cardio and tighten your diet even further. With every passing week you find yourself training even harder...but then you notice it - you've lost some of your hard earned muscle...you've pushed your body to the brink of catabolism - the breakdown and loss of muscle.

Beverly's 'Muscle Mass' Is the Bodybuilder's Muscular Insurance Policy

Becoming contest ready or working to attain your own superior shape can cost you good muscle! When your body is under this kind of stress it looks for specific nutrients to replenish itself. Research has found that Leucine, Isoleucine and Valine, (collectively known as the branched-chain amino acids or BCAAs) are the three nutrients your body wants most. This is vitally important for natural bodybuilders on a pre-contest or rigid type of diet and training program.

If you don't have those (BCAA's) available in your blood, then your body goes looking for them and will break down your muscle to get the aminos it craves. You don't want that! What you want is Muscle Mass!

Simply taking Beverly's Muscle Mass BCAA formula before, during and after your workout, (the "windows of opportunity") will positively influence protein synthesis while it reduces your fat levels, while adding lean mass. When consumed during training they raise your levels of growth hormone and insulin simultaneously, consequently increasing anti-catabolism and anabolism.

Which Of These Methods Of Taking Muscle Mass Is Best For You Now?

- 1) General Training - To create a favorable nitrogen and hormonal environment for growth and recovery: Take 5 Muscle Mass tablets with your pre exercise meal and 5 additional Muscle Mass tablets with your post exercise meal.**
- 2) For Lean Muscle Mass Gains With Concurrent Fat Loss - Successful research studies have concluded that a dosage of 0.2g BCAAs per kilogram of bodyweight is effective for positive effects on lean muscle gain, strength and fat loss. That translates to about one Muscle Mass tablet per 10 lbs bodyweight.**



- 3) Take Beverly's Muscle Mass Branched Chain Amino Acid formula during your training as a super-effective method for keeping the lean muscle tissue you have, and helping you to build more. In fact, it's the most effective formula you will ever find. (If you weigh 180 lbs, you would take eighteen Muscle Mass tablets during your workout – about three every ten minutes.)
- 4) If fat loss is your primary goal take the entire dose on an empty stomach 10 minutes before you start to train.

Need More Proof That Adding Muscle Mass Is A Smart Move?

- An Italian study showed that BCAAs consumed during training lead to greater increases in lean body mass and strength in drug free bodybuilders.
- If you are on a pre-contest routine, or any other reduced-calorie diet, Muscle Mass BCAAs trigger a greater loss of fat while still maintaining your strength levels. Even more compelling research found that the greatest amount of fat loss comes from the abdominal and thigh regions, the two areas that are the biggest concern for men and women.
- BCAAs lead to increased muscle testosterone levels and the ratio of testosterone to cortisol, making more testosterone available for protein synthesis to spur muscle growth.

Real Results Experienced With Muscle Mass

Beverly's Products Delivered More Than Promised: Your company makes products that do what they say. You won't believe how many guys call up and want me to recommend their products. Before I'll do that I have the product analyzed, if it's good, I'll talk to them. Your products have come up good every single time I've tested them. And this goes all the way back over a decade now. The analysis on Muscle Mass was 102.8% label claim, I'll add that to the list of your other products that I have come up over 100% label claims. - **Dr. Eric Serrano**

My Bench Went From 185 To 230, Squats Went Up 65, Dead-Lift Went Up 45 Lbs: While doing the 7/70 found in Body Muscle Magazine, I used Muscle Mass during training and LOVED them! I felt so strong and my lean tissue seemed to climb through the roof, even though I was on the leaning phase...the one thing I must say is that my strength increased quite a bit. My bench went from about 185 for 5 sets of 7 reps to 230 for 5 sets of 4 reps, my squat went up 65 pounds, and my dead-lift increased 45 lbs! - **Tim Stickney**

There's nothing more to say. Have no doubt about it, if you want to increase your lean body mass, and lose fat, even under a strict diet, Beverly's Muscle Mass is a smart addition to your nutrition. The harder you train, and the more extreme your diet becomes the more you are in need of Muscle Mass BCAAs! So don't let your diet steal your muscle away, protect it with Beverly's Muscle Mass. Try it today.

As with all of Beverly's products, you're satisfaction is money-back guaranteed, so order your supply right now and simplify the process of creating your faultless physique.

"We're betting Muscle Mass will become one of your favorite supplements. In fact, we guarantee it. Call 800-781-3475 today and see for yourself."

Look What's Inside Muscle Mass

Supplement Facts:

Container Size: 150 tablets
 Serving Size: 5 tablets
 Servings Per Container: 30

Amount Per 5 tablets:

L-Leucine 2500mg
 L-Isoleucine 1000mg
 L-Valine 1000mg

Suggested Use:

General Training:

Take five (5) tablets one to three times daily, preferably prior to cardio, and / or before and after training.

For anyone who wants lean muscle mass gains with concurrent fat loss:

Take 3-5 Muscle Mass tablets every 10-15 minutes during your training session up to a total of one tablet for every 10 lbs bodyweight. Works great with Glutamine Select.