

9 Out Of 10 Serious Drug-Free Athletes Refuse To Go Without This

It takes hard, intense training to stimulate your muscles to grow. That rigid, all-out training breaks down your muscle tissue so it can rebuild. Being a serious athlete and a serious bodybuilder means you train ALL THE TIME...and you also go through phases when you "up the ante" and train even more intensely. You know it and you do it, right? It's the only way to truly get bigger and stronger!

The "catch 22" is the harder you train, the more your recovery system is compromised. If you're always training hard, your ability to recover is always struggling to keep up with you. In short, all your effort is making it harder to get the results you're committed to getting! But changing the way you train isn't an option is it? No-way...but changing your body's ability to recover...now that's something you can deal with!

Science Substantiated: Advance Your Muscle-Building And Supercharge Your Recovery Speed

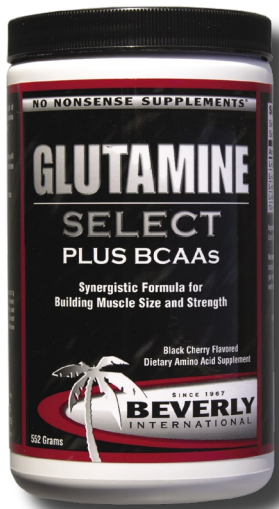
Before Beverly launched **Glutamine Select**, research pointed to the fact that reloading the body with both glutamine and the branched chain amino acids (leucine, isoleucine, valine) caused dramatically positive results. Armed with that data, Beverly created a "tonic" that could "theoretically" optimize any hard-training athlete's muscle building machinery and do it quickly.

Scientists examined the effects of adding the precise amounts of glutamine AND the branched chain amino acids in Beverly's formula. Sixteen subjects, all experienced weight trainers, were divided into two groups. Each group followed a similar diet, including a 40-gram daily serving of whey protein and a supervised weight training program for ten weeks. The only difference was one group received a daily dose of the ingredients in **Glutamine Select** - 5 grams l-glutamine and 3 grams BCAAs (1500 mg of l-leucine, 750 mg of l-isoleucine and 750 mg of l-valine).

At the start of this experiment precise data was measured and recorded on each participant, including body composition and the maximum number of repetitions each could achieve on the bench and leg press. Ten weeks later, the results were astounding. On average, subjects in the Glutamine and BCAAs group showed levels of improvement more than double those of the control group on both the bench press and leg press. They also increased lean body mass by an average of 2.6 lbs more than the control group. Besides the increases in lean body mass and strength the group also experienced improved recovery post training.

Think about it! Training and nutrition were controlled in the study; the results of adding glutamine and free forming crystalline BCAAs in a precise formulation spoke for itself! Is there any reason using this same Beverly formula, (simply named **Glutamine Select Plus BCAAs**), couldn't give you the same kind of dramatic results?

Each container of "GS" has the exact percentage of ingredients used in this test.



Mind Boggling Results

- Be stronger, get more reps, have the energy to push yourself further.
- Have great success building muscle and losing fat.
- Maintain and build muscle even on a very calorie-restricted diet.
- Combat post-intense workout fatigue and support faster recovery.

Does What You're Taking Now Amplify Your Strength, Allow You To Get In More Reps, Give You REAL Energy and Help Quicken Your Recovery?

Unless you're already drinking **GLUTAMINE SELECT**, the answer is no. So if you're serious about your training and you're not taking **GLUTAMINE SELECT Plus BCAAs**...it's time to try it for yourself!!!

Use it as a dietary supplement by mixing 1 slightly rounded scoop in 6-8 oz water following exercise. For use during intense training, mix 2-4 servings of **GLUTAMINE SELECT** in 16 oz water and sip throughout your workout.

Other Times You May Benefit From GLUTAMINE SELECT:

- **Pre-training or pre-cardio to supply energy & stop muscle breakdown.**
- **Upon arising to quickly get your body in a positive nitrogen balance.**
- **Between meals to sustain blood sugar and better muscle building conditions all day long.**

Just Look At These Results In Athletes Just Like You:

I've Found The Missing Ingredient To Awesome Workouts. Glutamine Select Plus BCAAs was the missing ingredient in my program. I have always used BCAAs, but never really during training. I knew from my nutritional biochemistry background that I should take them during training, but I never wanted to carry around a bunch of pills while trying to concentrate on my sets. I have always carried a container of water with me, so when I found Glutamine Select, I just mixed it in. I have had much better recovery and growth thanks to this stuff. Thank you! No one can be trusted more than Beverly International! - **Brad Perkins, Flagstaff, AZ**

Consistent Muscle Gains, Even On A Strict Fat Losing Diet. GREAT STUFF! It's helped me maintain and even build muscle while on a very calorie-restricted diet. I am 185 lbs with a slower metabolism, taking in under 2000 cal/day and I have still made consistent gains in conjunction with other Beverly products! Even better is the price, this is one Beverly product that is a steal! - **Jon Habeshy, New Haven, IN**

Glutamine Select is truly simple and truly effective-- PLUS its Black Cherry Flavor tastes great, mixes easily and contains no carbohydrates or sugars.

We are so convinced that GLUTAMINE SELECT will become one of the most important supplements you will ever take that we back it with a 100% money back NO Nonsense Guarantee of one full year! That's right, try it today and if you can honestly say it didn't work...we'll give you ALL your money back...even up to 12 full months after your order! That adds new meaning to "everything to gain" eh?

Look What's Inside Glutamine Select

Supplement Facts:
Container Size: 552gm
Serving Size: 1 Scoop
Servings Per Container: 60

Ingredients:
 L-Glutamine 5000mg
 L-Leucine 1500mg
 L-Isoleucine 750mg
 L-Valine 750mg

Other Ingredients:
 Natural cherry flavor, citric acid, neotame sweetener.

