

NORTHERN KENTUCKY

Beverly International Presents the 2008 NPC

Bodybuilding and Figure Championship



- **7 Divisions to Give You Maximum Opportunity and Experience!**
- **Teen Bodybuilding**
- **Men's Novice Bodybuilding (4 Classes)**
- **Figure (4 Classes)**

Saturday, March 22, 2008
Northern Kentucky Convention Center
One West River Center Blvd
Covington, KY

For **FREE** information on entering, attending, or if you simply have questions, call:

1-800-781-3475

Email: BevNut@aol.com
www.bodybuildingworld.com

DON'T MISS THIS SHOW!



- **Masters Figure 35+ (2 Classes) and 45+ (1 Class)**
- **Masters Bodybuilding 40-49, 50-59, over 60**
- **Women's Bodybuilding (3 Classes)**
- **Men's Bodybuilding (7 Classes)**

2008 NPC NORTHERN KENTUCKY BODYBUILDING AND FIGURE CHAMPIONSHIPS

Dear Athlete:

Enclosed you will find the entry form for the 2008 NPC Northern Kentucky Bodybuilding & Figure Championships, to be held March 22 at the Northern Kentucky Convention Center, in Covington, Kentucky. The Northern Kentucky is an official NPC National Qualifying Event. Please read this letter and the entire Northern Kentucky information sheet thoroughly – it contains important information.

You may enter one division only. No crossovers in bodybuilding or figure. Novice contestants for the 2008 Northern Kentucky may never have placed top 2 in their class in an NPC Novice, Masters, or Open Competition.

Your entry form, including the BIO section, must be fully completed and signed. If you are under 18, make sure that it is signed by your parent or guardian. Once the application is completed send it along with your check, money order, or credit card information to Sandy Riedinger, 1768 Industrial Rd, Cold Spring, KY 41076. Keep the information brochure for your own reference.

DEADLINE FOR ENTRY IS MONDAY, MARCH 17, 2008. ABSOLUTELY NO ENTRIES RECEIVED AFTER MARCH 17, 2008 WILL BE ACCEPTED. NO ENTRY FORMS WILL BE ACCEPTED AT THE CHECK-IN OR WEIGH-IN.

You may purchase your NPC card at check-in on Friday evening, March 21, at the Hampton Inn, 200 Crescent Ave, Covington, KY. Novice and Teen bodybuilding divisions will check-in at 6:15; Masters and Men's bodybuilding at 7:00; women's bodybuilding at 8:00; and all figure divisions at 8:30. (Bodybuilding competitors must wear his or her competition suit at weigh-in.)

Final check in for any athlete who is unable to check in at the appointed time above or who wants to reweigh must report by 9:00 pm Friday evening. There will be no check in or weigh in Saturday morning.

Tickets are available by calling Beverly International at 800-781-3475 or mail in the enclosed ticket order form. Place your order early to reserve the best seats.

Ticket Prices:

FINALS:	Reserved...\$25	General Admission...\$20
PREJUDGING:	\$10 at the door	

If you have any questions, please call Sandy Riedinger at 800-781-3475 (email address sandy@beverlyinternational.net).

Remember, all entries must be received by Monday, March 17!

2008 NPC NORTHERN KENTUCKY BODYBUILDING and FIGURE CHAMPIONSHIP

A National Qualifying Event (NPC Sanction # 9639)

DATE: Saturday, March 22, 2008 – Prejudging: 10:00 a.m. – Evening Finals: 6:00 p.m. SHARP!

LOCATION: NORTHERN KENTUCKY CONVENTION CENTER, 1 West River Center Blvd, Covington, KY 41011

DIRECTIONS: CALL BEVERLY INTERNATIONAL: 1-800-781-3475.

For internet directions go to: www.expedia.com/maps and type the convention center address in the destination section.

LODGING: Hampton Inn Riverfront: Phone: 859-581-7800. Make reservations directly with the hotel. Special Contest rate - \$99 per night if booked by March 1 (while NKY block of rooms lasts).

CHECK-IN & WEIGH-IN: Friday, March 21, Hampton Inn. 200 Crescent Ave, Covington, KY. (Bodybuilding competitors must wear competition posing suits at weigh-in.)

Teenage and Novice Bodybuilding - 6:15 p.m.

Masters and Men's Bodybuilding – 7:00 p.m.

Women's Bodybuilding – 8:00 p.m.

Figure – 8:30 p.m.

FINAL CHECK-IN & WEIGH-IN: 9:00 p.m. Friday, March 21 for all divisions.

All competitors must check-in on Friday evening. There will be no late check-in on Saturday morning.

ATHLETE BRIEFING: Saturday, March 22, 9:00 a.m. Official numbers will be assigned and cassettes or CDs for your 60-second evening posing routine will be collected at this meeting.

ELIGIBILITY: This contest is open to all NPC registered athletes who meet the following requirements:

1. Possess a current 2008 NPC card (unregistered athletes may purchase cards at check-in).
2. Novice contestants for the 2008 Northern Kentucky may never have placed top 2 in their class in an NPC Novice, Masters, or Open Competition.
3. Masters Bodybuilding, Women's Masters Figure, and Teenage contestants must meet the age requirements for their class by the day of the show.
4. **You may enter one division only. No crossovers in bodybuilding or figure.**
5. The Men's Open, Women's Open and Open Figure classes are NPC national qualifying events.

All contestants will be presented and pose at the Evening Finals.

DIVISIONS/CLASSES:

Men's Open 7 Classes

Bantamweight – up to 143 ¼
Lightweight – 143 ¼ -154 ¼
Welterweight – 154 ¼ - 165 ¼
Middleweight – 165 ¼ -176 ¼
Light Heavyweight – 176 ¼ -198 ¼
Heavyweight – 198 ¼-225 ¼
Super Heavyweight – over 225 ¼

Men's Novice 4 Classes

Lightweight – up to 154 ¼
Middleweight – 154 ¼ -176 ¼
Light Heavyweight – 176 ¼ -198 ¼
Heavyweight – over 198 ¼

Men's Masters

(one class per group)
Over 40 years of age
Over 50 years of age
Over 60 years of age

Teenage (one class)

Women's Open Bodybuilding

Lightweight – up to 125
Middleweight – 125-140
Heavyweight – over 140

Open Figure 4 Classes

Up to 5'2"
Over 5'2" to 5'4"
Over 5'4" to 5'6"
Over 5'6"

Master's Figure 35+

Up to 5'4"
Over 5'4"

Master's Figure 45+

(one class)

AWARDS: Trophies will be presented to athletes 1st through 5th place in each weight group or class. Overall awards will be presented if there is more than one weight or height group within a division.

MUSIC: CASSETTE TAPE or CD is acceptable. Each tape cassette must contain only one track, must be pre-set, must be limited to 60 seconds, and must bear the contestant's name. Each bodybuilding contestant is responsible for picking up his/her music after the evening show.

POSING LIMIT: Evening posing routines are limited to 60 seconds.

ENTRY FEE: Make check or money order for \$40.00 payable to Sandy Riedinger. You may enter one division only. Send to: **Beverly International, 1768 Industrial Road, Cold Spring, KY 41076.**

DEADLINE: All entries must be received on or before Monday, March 17, 2008. **NO LATE ENTRIES.**

TICKETS: Available beginning **December 14, 2007!** Major credit cards accepted for advance ticket orders. Evening Show: Reserved...\$25.00; call 1-800-781-3475. General Admission...\$20.00 at the door. Pre-Judging: \$10.00.

CONTACT: For questions, ticket requests, or official entry form contact Beverly International Nutrition.

Call (800) 781-3475, fax (859) 781-7590, e-mail bevnut@aol.com, or on the internet www.bodybuildingworld.com/Contest

